

October 2007 Newsletter

Center for Grieving Children

Boys and Girls
Clubs of the Fox
Valley

Volume 2, Issue 2

October, 2007

Special points of interest:

- Peer Support Meeting
- Director's Note
- We Remember
- Men's Group
- Thank You Table Hosts

Peer Support Meeting is set for Tuesday, 10-16-07

Our next peer support meeting will focus on the changing of the seasons. We will discuss how the changing seasons can affect our moods. We will share ideas on how to be aware and cope with these feelings.

We will have a special group for grieving Men, about Men's issues and facilitated by Men.

Our meal for the October meeting will be Sloppy Joes with raw veggie sticks and potato chips.

Hope to see you there!

The November Peer Support Meeting will be held on the second Tuesday of the month due to the Appleton Christmas Parade scheduled on our regular meeting night. Please change you calendar to attend Nov. 13th, 2007.

A Note from CGC Director, Shelly Osborne



Can you believe the Center for Grieving Children will be celebrating its third year in existence this October! We started from a grassroots calling in the community to establish a place for kids to share their pain of grief with other kids. Our steering committee consisted of nurses, funeral homes, police departments, counselors, teachers, social workers, community counseling agencies, hospice groups, and other interested partners. The plan was to create a safe place where children and families could gather and find support, understanding and most of all hope. Our first group night was held on Oct.19,2004 with 4 families (15 total people) and 9 volunteers attending.

What an honor it has been to be witness to the many peer support meetings we have held since Oct.19,2004. Each new family that attends, adds to my awareness that our Center is a place for healing. I am educated more about death, grieving, mourning and hope through the wisdom of children and parents who are living it day after day. I am also thrilled to see many families return to the Center as volunteers to share their hope with newly bereaved families.

We have something very precious here at the Center for Grieving Children. It takes many dedicated volunteers, families willing to attend and share their pain and a community that will support a cause to companion grieving children and families. Thank you for doing your part!

Men's Group

What is this?

A special group for grieving Men, about Men's issues and facilitated by Men.

Who can attend?

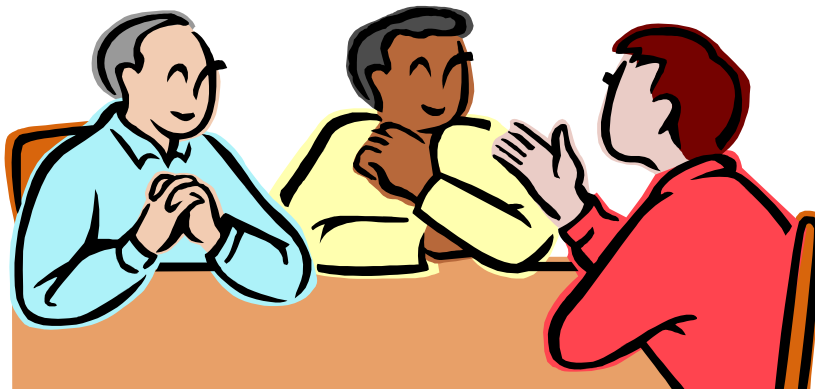
Fathers, Uncles, Brothers, Stepfathers, Grandfathers, who have children enrolled at the Center for Grieving Children.

To be held during scheduled Peer Support Meetings:

October 16, 2007

January 16, 2008

April 17, 2008



Grandparents Memorial Pictures from Sept.9th



We had sunny skies to plant our prairie flowers. The kids also enjoyed a sweet story about the love of Grandparents.

Survivors of Suicide, Appleton Group

Monday, October 8th, 2007 6:30pm Fox Valley Unitarian Universalist Church , 2600 E. Philip Lane
church phone: 731-0849 Appleton

A support group for family, friends, coworkers of those who have died by suicide. Minimum age is 14 years old. No charge to attend. For info, contact Jodi Huebner at 920-475-0246 or Christine Garstka at 920-731-0555 x 243.

Men Journeying Through Grief

Wednesday evenings, 6:00-8:00pm Affinity Visiting Nurses office, 816 W. Winneconne, Neenah
October 10, Nov. 14

Men grieve uniquely and express it uniquely. Some of the messages from our culture and how we've been raised are roadblocks to our journeying through grief in a healthy way. Meal is part of the gathering.

Pre-register: Deb Kosmer 1-866-236-8500

Compassionate Friends

4th Thursday of the month, 7pm Faith United Methodist Church, 1025 Tullar Road, Neenah

A self-help organization offering friendship and understanding to bereaved families who have experienced the death of a child.

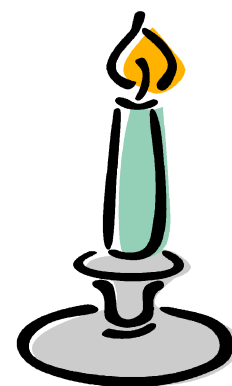
Contact Deb Schultz at 920-725-6340 for more information.

Teen Retreat Information

We are hosting Teen Grief Retreats during the months of November, February and May. The Teen Grief Retreat will be held on a separate evening without parents or younger siblings attending. The Teens will be allowed to bring two friends to the Retreat. We will start with a pizza party and time to get to know each other. We will have a topic of discussion and a group project. We will also have movies that relate to teen issues in grief. We hope these retreats will help our teens find understanding, hope and healing. Pick up an enrollment form for any interested teen. **Enrollment is due Oct. 26, 2007 for the November Teen Grief Retreat.**

We Remember.....

Jim Jandrt	Died	10-3-05
James Jones	Born	10-8-73
Richard Bluhm	Died	10-21-04
Ronin Nichols	Born	10-26-04
Mark Kossel	Died	10-29-06



Boys and Girls Clubs of the Fox Valley

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Thanks to our Table Hosts and Fund Raising Committee

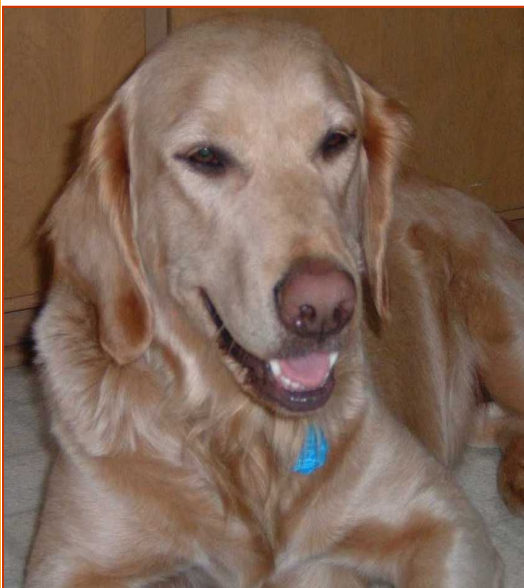
Molly Johnson	Pete Reinl	Judy Mostofi	Laurie Rohloff	Cindy Czarnik-Neimeyer	
Denis Ashauer	Debbie Strick	Sandi Moore	Jodi Huebner	Jim Dryer	Dan O'Loughlin
Sara Nabozny	Ruth Bloedow	Joy Hagen	Bob Brooks	Tim Reissmann	Deb Kosmer

ON OCTOBER 18, 2007, THE CENTER FOR GRIEVING CHILDREN WILL HOST A FUNDRAISER TO INCREASE AWARENESS ABOUT THE CENTER AND BUILD RELATIONSHIPS IN THE COMMUNITY. PLEASE KEEP US IN YOUR THOUGHTS AND PRAYERS AS WE ATTEMPT TO GAIN ADDITIONAL FUNDS, AWARENESS, AND SUPPORT FOR THE CENTER.

Help Wanted:

* Administrative Assistant *Marketing Committee & Chair *Fundraising Committee & Chair *Peer Support Volunteer/Facilitator *Clerical work

If you are interested in any of the positions listed, please contact Shelly Osborne at 920-731-0555 x 244 or sosborne@bgclubfoxvalley.org



Our dog Beamish

What do you like to do in the Fall? Some folks like to attend football games. Others enjoy visiting pumpkin patches, hayrides and the brisk air outside. I like to chase the falling leaves. The colors are so bright and you never know what you might find under a pile of leaves!

Keep in mind, some folks have a hard time facing the changes brought on by Fall. It might make them feel sad or low energy. When I notice this happening to the people I love, I try to encourage them to take me for a nice walk or I sit close to them so they know I care.

I hope to see you at the next Peer Support Meeting!

Beamish

