

# September 2009 Newsletter Center for Grieving Children

Boys and Girls  
Clubs of the Fox  
Valley

Volume 4, Issue 8

September, 2009

Peer Support Meeting is set for Tuesday, 9-15-09

6: 00 - 8:15 pm

## Program Topic: Finding the Words

Poems, anagrams, wordplay as ways to remember and express messages of the grief experience

**Menu:** Grilled Chicken Sandwiches, Pasta Salad, Fruit Salad

I miss my DAD whenever I...



**CGC at CHAPS**

## Boys and Girls Clubs of the Fox Valley

117 S. Locust Street  
Appleton, WI 54914

Phone: 920-731-0555 x 244  
Fax: 920-968-2716  
Email: ldamerow@bgclubfoxvalley.org



### Dr. Alan Wolfelt: The Wilderness of Grief



***The Wilderness of Grief: Finding Your Way”***  
***A free grief seminar open to the public***  
***Liberty Hall, 800 Eisenhower Drive, Kimberly***  
**Wednesday, September 30, 2009**  
**6:00 p.m. - 9:00 p.m.**

This compassionate program will be helpful to anyone who is experiencing grief in their lives. Topics to be covered include myths of grief, exploring feelings of loss, the six needs of mourning, and how to nurture yourself & reach out for help. Registration is not required but appreciated for planning purposes. Register online at Wichmann’s web site or email: [wfhdirector@tds.net](mailto:wfhdirector@tds.net).

Dr. Alan D. Wolfelt is a noted author, educator, and grief counselor. Recipient of the Association for Death Education and Counseling’s “Death Educator Award”, he serves as the Director of the Center for Loss and Life Transition in Fort Collins, Colorado. A frequent guest of the media, Dr. Wolfelt has appeared on the Oprah Winfrey Show, the Larry King Show, the NBC Today Show, and Nick News. He is the author of over twenty books on grief and loss. Among his titles are: Understanding Your Grief: Ten Essential Touchstones for Finding Hope and Healing Your Heart; Healing Your Grieving Heart: 100 Practical Ideas; The Journey Through Grief; Healing the Bereaved Child; and Creating Meaningful Ceremonies.

This seminar is presented by Wichmann and Fargo Funeral Homes in partnership with Affinity Visiting Nurses-Hospice, ThedaCare At Home Hospice, Heartland Hospice, Community For Hope of Greater Oshkosh, ACES/Xavier Educational System, Appleton Area School District. and Lawrence University Counseling Center.

Our thanks to Lori Pagel for the great CHAPS photos

## We Remember.....

### Birthday

<b>Timothy Gerrity</b>	<b>9/11/1958</b>
<b>John Jungwirth</b>	<b>9/16/1971</b>
<b>Robert Tank</b>	<b>9/7/1976</b>
<b>Mark Vermeern</b>	<b>8/18/1986</b>

### Anniversary

<b>Joshua Verbeten</b>	<b>9/7/2008</b>
<b>Sean Terry</b>	<b>9/21/2007</b>



### Starting Point Workshops, 2009-10

Starting Point Free Workshop is designed for women in transition: single parents/ displaced homemakers

The workshop will instruct you on:  
Identifying values and skills and developing a career/life plan

Becoming more assertive and developing a healthy self-esteem

Recognizing stress and finding coping mechanisms

**Making changes in your life**

Please schedule an appointment with Sandi Moore, Margie Laketa, or Renee Krause to find out more and to get on the mailing list. For appointments call (920) 735-5696 or 1-800-735-FVTC ext. 5696.